



BE A SERVICE STAR

Join a community of kids who are making the world a better and brighter place. TFK Service Stars know that even the smallest actions can make a big impact.

MISSION:

FIGHT HUNGER

More than 18 million households in the United States experienced food insecurity in 2023, according to the U.S. Department of Agriculture. That means that people in these households lived with hunger or struggled to put food on the table. This is a big problem, but kids can help. Whether it's putting fresh produce in a community fridge or delivering meals in your neighborhood, make a plan to fight hunger.

NEED INSPIRATION?

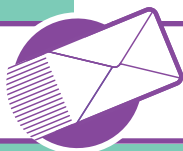
- Volunteer with family at a soup kitchen or food bank. Do you know where there's one in your town?
- Start a community fridge, or deliver supplies to one in your neighborhood. How will you contribute?
- Write letters to local leaders, asking them to do more to fight hunger. How will you persuade them?
- Save change to buy an extra item on your family's next grocery trip. Where will you donate it?
- Look up groups that fight hunger. Ask how you can help. What does your community need most?
- Talk to restaurants about what they do with excess food. Are they willing and able to donate it?

Need help getting started? Talk to an adult or pair up with a friend to find an idea that feels right for you.

STARS SHINE BRIGHTER TOGETHER

When kids work together, they achieve big things. This month's group idea is to organize a canned-food drive. Gather friends. Make sure the group you want to give the food to is taking donations. How will you get the word out?

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Foundation



TELL US ABOUT IT!

We want to hear all about your efforts! Share your story at ti.me/stars or send it to tfkeditors@time.com for a chance to be featured in TIME for Kids.

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