



BE A SERVICE STAR

Join a community of kids who are making the world a better and brighter place. TFK Service Stars know that even the smallest actions can make a big impact.

MISSION:

SPREAD KINDNESS

Kindness counts, big time! Many kids care about spreading kindness at home, at school, and in their community. Are you one of them? Here's how to do it: First, think of a plan to make the world a bit kinder, whether you're organizing a big event or simply telling a friend that you care. Then put your plan into action. Watch for results. Was your kindness plan a success?

NEED INSPIRATION?

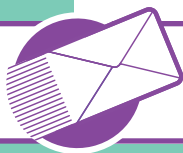
- Create a “kind space” at school where anyone can feel safe and find company. What will it look like?
- Reach out to a classmate who seems down or in need of a new friend. What will you say?
- Be an upstander by speaking out when you see someone being unkind. How will you be brave?
- Write a note or make a gift to thank a person you appreciate. How will you express yourself?
- Research local groups that spread kindness, and ask how you can help. What causes do you care about?
- Offer to do a chore, such as dog-walking or leaf-raking, for an elderly neighbor. What skills can you share?

Need help getting started? Talk to an adult or pair up with a friend to find an idea that feels right for you.

STARS SHINE BRIGHTER TOGETHER

One kid can make a difference. But when kids work together, the impact can be even greater. This month, create a kindness club. Gather friends and classmates. Name your club. Define its mission. What will you do first? What are your long-term goals?

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Foundation



TELL US ABOUT IT!

We want to hear all about your efforts to spread kindness. Write to us at tfkeditors@time.com for a chance to be featured in TIME for Kids.

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